I wish to express my gratitude to the Music Therapy Charity for the considerable benefit. This financial support allowed me to devote myself more in my first-year study.

As an international student whose first language is not English, every academic task took time to understand before it could be carried out, and constantly revised in the process of implementation. This bursary not only reduced my financial burden but even more importantly created more time for me to adapt to a new educational environment and maximise my learning effect. Because the expense of studying in music therapy was not a little amount and I needed to do some part-time job to maintain my living cost. Therefore, financial aid no doubt permitted me to devote more time to studying.

It has been a very fulfilling first year. Apart from the courses offered by the university, I gained experience and understanding from my first clinical placement as well. Thanks to the supervision I received at university and at placement, I obtained deeper insight and generated more ideas to put into my clinical work.

Compared with my country, the UK has abundant resources for music therapy. I attended some conferences on different specific disorders in the first year and it was beneficial to acquire therapeutic knowledge from understanding the diverse conditions of clients.

Returning to study has been a huge switch for me, but I was so glad I made this choice. I am very grateful to have received the support from the teaching team at QMU and I look forward to my second year of study at QMU.