I am writing this letter to express my sincere appreciation to the MA bursary that I received this year. This financial support helped me significantly to complete my first year of music therapy studies at Anglia Ruskin University, in variety of aspects.

During my first year of studies, I had a number of various lectures including, learning different psychoanalytic theories, diverse client groups and clinical improvisation techniques. Most important of all, the placement that I had to undertake was a valuable experience for me, giving me the opportunity to understand how music could provide a means of communication in either verbal and non-verbal way, as well as the way that it can become a bridge building up a trustful relationship between the therapist and the client. During my placement, I had the opportunity to work with adults with learning disabilities in a residential care home setting. With the financial support from MA bursary, I was able to travel to my placement from Cambridge to Huntington two days a week. Moreover, a part of this amount was used in order to purchase musical material for my music therapy sessions and various books about music therapy.

Secondly, the MA bursary was a considerable aid concerning my weekly personal psychotherapy sessions. The specific process is an essential part of the course which helped me to understand more about myself by reflecting and discussing my difficulties about my clinical work and my training as a music therapist.

Regarding my second years, I will work in a children hospice and I will need to travel from Cambridge to London for six months. I am really grateful about the support I received from Music Therapy Charity, which will enable me to work less hours and could let me focus more on my studies. I am looking forward to the future challenges and be as a qualified music therapist.