Music Therapy Charity Report

Reflecting back on my studies from my first year of training, I have enjoyed a rich variety of learning and teaching from a variety of sources. I have enjoyed the balance between theorised learning, and practical workshops. The main highlight from the year has been my first year placement. I was fortunate to be placed within a Special Education School, and here is where I found my developing stance as a music therapist. I gained a lot of confidence in my work whilst at placement, and I value the support from my various supervisors, both at placement, and at the university.

The bursary from the Music Therapy Charity has been gratefully received. It has aided the cost of my travel to and from placement, a journey that was made twice a week for 8 weeks. Working towards my professional development, the bursary helped pay for my attendance at the British Association of Music Therapy conference, which was to be held in Belfast in April 2020, however due to the coronavirus pandemic, this was unable to go ahead. I look forward to attending the conference at a later date; listening to the various speakers and partaking in the workshops. It has also contributed towards costs of my personal therapy; a vital tool in training to be a music therapist.

Looking ahead to my future career, I would be keen to work with children again, however I am also looking forward to exploring new areas, such as adult mental health. I continue to demonstrate an interest in working within the hospice and hospital settings, and continue to read around these topics of interest.

Thank you to the Music Therapy Charity for providing me with a bursary to help with my studies; and helping me achieve my ambitions to become a music therapist.